

KOTH HK Island Race – Sunday, 27 November 2016

『山野之王』港島賽事－2016年11月27日（星期日）（中文版請看下面）

Important Information

- 1) Race start/finish location: The race will start and finish at the LCSD sitting out area at Wong Nei Chung Gap (at the intersection of Tai Tam Reservoir Road and Wong Nei Chung Gap Road in a park behind the petrol station).
- 2) Timeline:
 - a. Assembly and bag check: 0800-0845
 - b. Race briefing: 0850
 - c. Race start: 0900 (mass start)
 - d. Race finish: 1530
- 3) Transport: Parking is extremely limited. Public transport options are numerous. Buses 6, 63, 66 and 76 all stop near the race registration location.
- 4) Baggage check: Provided on site.
- 5) Water stops: Two (Tai Feng Au on Mt. Parker Road and entrance to Tai Tam Country Trail at the base of the climb up Violet Hill near Wong Nei Chung Reservoir). Water and sports drink will be provided, but the organizer will not allow water bottles to be taken away from the checkpoint area. Racers must refill their own hydration packs.
- 6) Race route: Start – Parkview/HK Trail Signboard – Jardine’s Lookout – Mt. Butler – Tai Feng Au – Boa Vista – Tai Tam Upper Reservoir – Tai Tam Reservoir Road – Tai Tam Intermediate Reservoir – Tsin Shui Wan Au (Repulse Bay Gap) – Near Wong Nei Chung Reservoir – Violet Hill – Parkview – Tai Tam Country Trail – Sir Cecil’s Ride Trail – Finish.
- 7) Course marking: The course will be marked with yellow and black signs that have “KOTH” written on them together with directional arrows. Only the KOTH half marathon route will be marked as AFCD has declined to grant an official race permit for the full marathon route. Those who wish to run the full marathon route do so at their own risk. There is no prohibition to members of the public using these paths, but as an organizer we cannot use it as a race course and therefore will not mark it. We strongly disagree with AFCD’s policy, but we can only applaud from a distance those who choose to run the full course.
- 8) Distance – 18.5 km est.
- 9) Altitude - +/- 1,200 meters est.
- 10) Post race: Light refreshments and beverages will be offered. Use race bib to collect.

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重要消息

- 1) 起點 / 終點位置：改在黃泥涌峽道康文署屬下的休憩場地

2) 時序:

- a. 集合及寄存行李: 0800-0845
- b. 賽前簡報: 0850
- c. 出發: 0900
- d. 完賽: 1530

3) 交通: 泊車位有限, 建議使用公共交通工具, 途經的城巴 / 新巴路線有 6 號、63 號、66 號及 76 號

4) 寄存行李: 在集合點

5) 水站: 2 個

- a. 大風坳及 b. 紫蘿蘭山腳的大潭郊遊徑近黃泥涌水塘

水站會提供清水及運動飲品, 所有膠樽不得攜離水站, 請自備水樽 / 水袋

6) 路線: 起點—陽明山莊—渣甸山—畢拉山—大風坳—野豬徑—大潭上水塘—大潭水塘道—大潭中水塘—淺水灣坳—近黃泥涌水塘—紫蘿蘭山—陽明山莊—大潭郊野徑—金督馳馬徑—終點

7) 路標: 路線會以黃底黑字標示, 上有“KOTH”字樣及方向箭頭。因為全馬路線不獲漁護署批准, 只有半馬路線會作出標示。想要挑戰全馬賽道的要自負責任, 因為大會不會有任何路線標示。

8) 距離: 約 18.5km

9) 高度: 約 1,200 米

10) 賽後: 有輕食及飲品提供, 憑號碼布領取。