

2005 Seyon Asia Kenting Exploration Rules & Regulations

General

1. The Race Director, Keith Noyes of Seyon Asia Limited, has complete discretion with regard to formulating rules and applying penalties. Time penalties or disqualification may be imposed for violations of the Race Rules or actions contrary to the best interests of the Race. The Race Director may elect to defer such decisions to the Race Committee, which consists of The Race Director, Mimi Huang of KT Marina and Mr. Yan of the Howard Beach Resort. Any decisions made by the Race Director or the Race Committee are final.
2. The Race course may be modified or cancelled at any time for inclement weather, safety hazards, darkness or any other events that might occur that would, in the sole judgment of the Race Director, increase the risk of injury to competitors, marshals, or spectators.
3. Any action of a team or combination of teams which results in either an unfair advantage to the acting team or in an unfair disadvantage to another team will result in a penalty.
4. The results of each Race stage will be determined by the fastest times for that stage, subject to adjustments for time penalties accrued during the course of that stage. The official Race clock will run continuously from the start of each stage and stop (for each team) when the last member of each team crosses the stage finishing line.
5. Teams must start and finish each stage together and exit all checkpoints together.
6. Race stage 1 will be a mass start, while stage 2 may or may not employ a staggered or interval start with the start order or interval between teams to be determined by the Race Director based upon stage 1 times.
7. Failure of any team member or a team to immediately and respectfully comply with a direction or decision of a Race official will result in the disqualification of the team.
8. The Race is a team competition and all forms of teamwork, including pushing, pulling and carrying team members will be allowed. Teams may use any self-propelled means to traverse the Race course.
9. Teams may show good sportsmanship and help other teams in any manner that does not help the other team with forward progress in the race. For example, helping another team to fix a flat tire is allowed, while towing another team along a trail is not.
10. No outside support is allowed between the start and finish lines of any Race stage. Teams must be self-contained except for official support offered from official aid stations at transition areas and checkpoints.
11. Performance enhancing drugs are seriously frowned upon, but no drug testing will be carried out. Competitors must live with their own conscience if they choose to cheat.
12. Cut off times at various points along all stages of the Race will be adhered to. Where possible, cut-off teams will be allowed to continue the Race further along the course with a time penalty assigned by the Race Director.

Individual Sport Rules

Mountain Biking – Teams may use any type of non-mechanized mountain bike they choose. Competitors must dismount and push their mountain bikes in transition areas and must have their safety helmets securely fastened to their heads whenever they are on their bikes. There are thorn bushes along the trail and flat tires are a reality of racing. Hand pumps of all sizes, compressed air cartridges, patches and spare inner tubes are all allowed, provided that they are carried by the competitors themselves during the Race. Mandatory dismount signs may be placed along sections of the trail deemed to be dangerous. Failure to dismount may result in disqualification from the Race.

Trail Running – Team members may run, walk, or crawl.

Navigation Skills – Each team will need one compass with ruler and a pen or pencil at a minimum. One map will be handed to each team at the start of this exercise. Stage 2 Navigation involves using the distances and bearings provided to figure out where the control points are on the map and find those control points. Teams must note down the code word at each control (total of six) for later inspection. The maximum time allowed for this exercise is 90 minutes. Any team returning after 90 minutes will be disqualified from the race. A fixed time penalty of 20 minutes per wrong code word will be added to the team's aggregate time.

Bike Orienteering – During Stage 1 each team will be given one orienteering map per team member at the orienteering start area. Therefore, it is advised that at least one team member carry a map stand on their bike. Five control points, A, B, C, D and E, should be located during the orienteering exercise. Each team must locate a minimum of three of the

control points to avoid disqualification. Additionally, each missed control point is subject to a 20-minute penalty. Teams have one hour from the time they start this exercise to reach the finish area on the map. Every minute over one hour that it takes the team to reach the finish area will be subject to an additional minutes penalty. At each control point, competitors will find a code word that they should write down on their map.

Kayaking – Team members may paddle or steer the designated team craft in any fashion and must wear life jackets and safety helmets while on the water in the kayaks. Kayaks will be assigned to competitors randomly and variations in equipment are not grounds for protest. At the start of each kayaking section, a map of the kayaking route will be posted. Teams may use the Kenting maps that they are given prior to the start of each kayak section to identify coastal features that will help them to identify the kayak exit locations. Speed boats may also be used during the kayaking sections to aid marking out the route as well as to help teams to avoid sharp coral and potentially dangerous rocks and surf.

Adventure Skills – Helmets, climbing harnesses, 3 locking karabiners, 1 abseil device and two 60-cm (or longer) commercially-sewn climbing slings of equal length must be worn by any competitor prior to entering any rope skills section of the Race course. Stage 1 contains an abseil while Stage 2 includes a zip line and other rope skills. In the advent of any bottlenecks, competitors waiting time will be noted and subtracted from their total team racing time. To reduce the potential for bottlenecks on the zip line, another race discipline will be carried out at the same time and in close proximity to the zip line. Some teams may be assigned to the zip line first while others may be assigned to the other race discipline first, depending upon how busy the zip lines are at that moment. All teams must complete both the zip line and the other discipline and there is no advantage to be gained from the order in which the activities are done.

The “Rambo Loop” – The Rambo Loop is a 0.5 km long, steep, soft dirt loop that loses and gains 53 meters in altitude. All competitors must complete the loop, but have the option of choosing to complete the loop on foot or on bicycle depending upon their relative skill levels in each discipline. It is also acceptable for one team member to bike and one to do it on foot.

Swimming – Life jackets must be worn during the swimming sections.

Mystery tests 1 & 2 – fun activities designed to cool competitors off.

Time Penalties

The following fixed penalties have been set for failure to complete certain disciplines during the race:

1. Failure to find any of the controls during the Stage 2 Navigation skills – 20 minutes per team per missed control. Race disqualification if team fails to return to the start within 90 minutes.
2. Failure to find any of the controls during the Stage 1 bike orienteering section – 20 minutes per control. Teams failing to reach the finish area of the orienteering within 60 minutes will be penalized one minute for each minute over 60 minutes after which they return.
3. Failure to take part in the Stage 1 or Stage 2 rope skills sections – 15 minutes per team member per stage (not applicable to 1-day Adventurer category racers).
4. Failure to take part in the Stage 2 swimming section – 30 minutes per team member.
5. Mystery Tests 1 & 2: Failure to complete either mystery test – 20 minutes per team member.

Withdrawal from the Race

1. Teams must immediately notify Race officials at the nearest checkpoint of withdrawal from the race by any team member or the entire team. Team members of a withdrawn competitor are responsible for assisting the withdrawing team member to a checkpoint area where evacuation from the course will be arranged. The remaining team member will be allowed to join with another team to complete the Race.
2. In the event of a medical emergency or other request for help, the entire team must stop until appropriate effective assistance arrives at the scene. Where possible, other teams should be notified of the emergency and asked to contact the next Race course marshal with details of the nature of the emergency and the location.

Protests

Protests must be filed with the Race Director within 1 hour of a team's finish of any Stage. Protests may be made orally but must be made discretely and respectfully. Any protest made in bad faith or in retaliation for previous protests will result in disqualification for the protesting team. The decision of the Race Director shall be final.

The Competitors

1. Registration is done by teams consisting of exactly 2 persons. Substitution of team members will be considered up until the night of 25 March 2005.
2. Competitors are solely responsible for knowing and complying with all laws of the host country, including obtaining appropriate entry visas.
3. Race officials reserve the right to prohibit a competitor starting or finishing any segment of the Race for medical reasons.
4. Competitors must be at least 18 years of age on the first day of the Race.
5. By starting the Race or any Race stage, each competitor certifies that he/she is a competent swimmer, possesses sufficient skills and training to safely and successfully complete the Race course, is in a physical condition to safely finish the Race, and does not suffer from any medical condition which is likely to prevent the competitor from finishing the Race.

Branding

1. Official Race number bibs must be worn as the outer layer of clothing at all times in such a way that they are clearly visible even when the competitor is wearing a hydration pack.
2. Race number bibs must be clearly visible on the front of the racers body when the cross the finish line in order to record an official finish time.
3. Athlete's sponsorship logos may appear anywhere except on the Race number bib. Any logos or other written words must conform to the principle of decency.
4. Race numbers may not be defaced.

The Race Course

1. Teams must stay on the marked course. During the orienteering and navigation skills sections, teams may roam anywhere within the boundaries of the maps they are given for those sections. Any team inadvertently leaving the marked course will be time penalized unless it reenters the course at the exact place that it left the course. Teams intentionally leaving the marked course will be time penalized or disqualified. Sections of the race course are purposely designed to go around or avoid ecologically sensitive and protected areas and teams attempting to short cut through these sections will be disqualified.
2. The littering or leaving of any trash, garbage or equipment on the Race course will result in disqualification. Any water and food obtained from an aid station must be left at the aid station, deposited in trash containers or carried on the Race course until they can be deposited in trash containers.
3. Racers will respect all private property they may cross or encounter during the Race. In particular, Racers should avoid causing damage to crops or livestock and assume that any indigenous people or animals have the right of way at all times.

2005 Seyon Asia Kenting Exploration Race: Waiver of Liability Form

I, _____, of Team, _____, have been given a copy of the 2005 Seyon Asia Kenting Exploration Race Rules, have read them, understand them and agree to all terms and conditions therein on behalf of myself and of my team.

I declare that all the particulars on my registration form are correct, have read and understand the entry requirements and possess sufficient skill in each of the race disciplines to enter the Race.

In consideration of the acceptance of my participation, I, the undersigned am legally bound for myself, my heirs, successors and assignees, and do hereby waive and release, the Organizer, Seyon Asia Limited, the sponsors of this race, and all persons and agencies connected with the race, from all claims and damages arising from my participation in this race, including without limitation, personal injury. I also certify that I am physically fit and accept willingly that I will take part in activities during the race in which injuries can and do occur and I accept fully any consequences resulting from my participation in the Race.

Furthermore, I grant Seyon Asia Limited and its designees the permission to be photographed and/or videotaped. I authorize the use of such recordings for any proper and legitimate commercial purpose. This grant includes without limitation the right to edit, mix or duplicate and to use or re-use the recording in whole or part as Seyon Asia Limited may elect. Seyon Asia Limited or its designee shall have complete ownership of the recording in which I appear, including copyright interests, and I acknowledge that I have no interest or ownership in the recording or its copyright.

I also grant Seyon Asia Limited and its designees the right to broadcast, exhibit, market, sell and otherwise distribute the recording, either in whole or in parts, for commercial or non-commercial purposes that Seyon Asia Limited or its designees in their sole discretion may determine. This grant includes the right to use the recording for promoting or publicizing any of the uses.

I understand and accept all of the above terms (write “yes” or “no”): _____

Signature: _____

Date: _____